

## **Master of Arts in Counseling (MAC) Program Standards**

MAC courses are hybrid, integrating both asynchronous and synchronous components. We employ a combination of weekly videos and interactive Zoom sessions. Residency classes are 5 weeks long while all other classes follow an 8-week format.

### **Discussions**

Students must participate in the discussion boards during weeks 2, 4, 6, and 8. Initial posts should be no more than 300 words, and response posts should be no more than 200 words. The 5-week residency model will vary depending on the topics, as some require more peer interactions.

### **Zoom Sessions**

Conducting live Zoom sessions is a crucial part of the MAC program. These sessions occur during weeks 1, 3, 5, & 7. Week 7 is optional and is dedicated to addressing any remaining topics, questions about the final assignment, or concepts that students need further clarification on. These sessions feature lessons with PowerPoints, roleplays, breakout rooms, and/or interactive discussions. Each session is 90 minutes long and must be recorded for those who cannot attend. Students who are unable to attend are then required to submit a 250-word discussion post summarizing three key takeaways from the session.

In the 5-week format, the structure is slightly adjusted:

- **Week 1:** In-person meeting.
- **Weeks 2 & 4:** Provide pre-recorded videos and PowerPoint presentations.
- **Week 3:** Live Zoom session
- **Week 5:** Live Zoom session - Cover any remaining materials or roleplays.

### **Pre-recorded videos & PowerPoint Presentations**

Students engage with pre-recorded videos and accompanying PowerPoint presentations. Videos are typically 8-10 minutes long and are designed to discuss course material or elaborate on readings, assignments, or key topics. These pre-recorded videos serve as critical touchpoints for students. Unlike the full-length lectures in a fully asynchronous course, these videos offer encouragement and occasional clarification on concepts or assignments where needed.